



## Athletics Championships Official Rules

- The races will be on athletics tartan track (bring your appropriate shoes)
- There are no starting blocks

### **Friday – from 5 p.m. to 6 p.m.**

- 3 km Male
- 3 km Female

### **Saturday – from 1 p.m. to 2 p.m.**

- **Relay Mix: 400 m Female + 600 m Male + 800 m Female + 1 km Male**

The departure will be on the rope (no assignment line)

The change of the baton is free (there are no assignment lines)

#### **Changing Zone**

The passing of the baton should be in the exchange area , which has a length of 20 meters, otherwise the team will be disqualified . The athlete who receive the baton, waits 10 meters before the exchange zone .

The track portion between the exchange zone and the starting point of the athlete is called the "zone of pre-exchange " , and in this area is not allowed to pass the baton .

#### **Disqualification**

In case of fall of the baton, the team is disqualified and the team will be awarded 0 points

### **Awards and Points**

The first, second and third placed in each race, will be awarded with medals, directly on site at the end of the competition.

#### **Overall Athletics World InterUniversities Champion (Team):**

The Best 4 Universities in the summation of the 3 races, will be awarded also during the Awards Ceremony, at the end of all the Championships, with a Trophy (the first place) and cups (second, third and fourth place)

#### **. Criteria:**

In each individual race, only the best athlete/team of each University will receive points for the final result.

Points: 1<sup>st</sup> 10 points; 2<sup>nd</sup> 7 p.; 3<sup>rd</sup> 5 p.; 4<sup>th</sup> 3 p.; 5<sup>th</sup> 1 p.; 6<sup>th</sup> 1 p.; 7<sup>th</sup> 1 p.; 8<sup>th</sup> 1 p.

Also: The organizing committee reserves the right to make changes, of any nature, including change in times, if they are in the best interest of the Championships. Teams will obviously be notified of the changes in time. All athletes must take note of the rules including the aforementioned exceptions. With this document we consider your knowledge of the rules and accept them for these Championships.